



West End Primary School



Curriculum Map for PSHCE/RHE

Year group	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
EYFS	PSHE in the EYFS phase is known as PSED and is a prime area of the Early Years Curriculum. PSED is embedded into the children's daily routines and is something that is observed and taught every day. The children learn PSED skills through play, stories, teacher intervening within play, teacher-led activities and within the daily routines taught. The objectives in the strands below are the core focus of each half-term but it is not an exhaustive list of objectives covered. For this information please see Nursery and Reception's medium term planning.					
Nursery	Separate from a carer with support. Know the nursery boundaries, Learn nursery adults and peers' names Eat using a fork and spoon	Know the names of feelings excited, proud, angry Follow daily routines with some support Initiate and join in play Put on a coat waterproof independently	Take turns playing a game in a group with an adult Talk about what they intend to do and how Form friendships with others Can use a knife to cut food	Identify other's feelings when they are obvious Work towards individual and shared rewards *Have self-chosen friends Use a knife to spread	Use words to negotiate rather than actions Know why rules are important Explain my understanding to others Know how to meet some care needs	Know that all emotions are ok but not all responses are Adapt behaviour to different situations *Listen to others and sometimes accept their ideas in play Know some foods are good for you
Reception	Know that they are unique *Know the class boundaries, rules, sanctions, rewards and routines *Learn class adults and peers' names Know why it is important to care for our teeth	Say how they feel (feelings) Know what it means to be respectful Turn taking Know the difference between healthy and unhealthy foods	Recognise how others feel in a story (Red Riding Hood) Know what it means to be treated with respect Understand other's emotions via story characters Know about cleanliness	Recognise how friends are feeling Treat others with respect Know that other's may have different ideas and that is ok Use tools with care	Know their place in the community and the wider world Adapt their plans and explain why they chose to this with adult intervention Work as part of a team Know how to be a safe pedestrian	Recognise that animals have feelings Manage their own behaviour in an unfamiliar setting Listen to others and accept their ideas in play importance of healthy food choices.
Y1	Caring Friendships Online Safety	Respectful Relationships Economic Wellbeing	Families Keeping Safe	Physical and Mental Wellbeing	Economic Wellbeing Online Relationships	Keeping Safe Shared Responsibility
Y2	Caring Friendships	Mental Wellbeing	Online relationships	Respectful Relationships	Family Relationships Keeping Safe	Physical and Mental Wellbeing Keeping Healthy
Y3	Caring Friendships Respectful Relationships	Mental Wellbeing	Keeping Safe Respectful Relationships	Physical Health Health Prevention Basic First Aid	Shared Responsibility	Aspirations, Work and Career
Y4	Respectful Relationships Family Relationships	Economic Wellbeing	Keeping Safe Health Prevention	Changing Adolescent Bodies Keeping Safe	Communities	Aspirations, Work and Career
Y5	Caring Friendships Respectful Relationships	Economic Wellbeing	Mental Health and Wellbeing	Aspirations, Work and Career	Changing adolescent bodies	Keeping Safe
Y6	Mental Health and Wellbeing	Families and People who care about us	Shared Responsibility	Online Relationships and Internet Safety and Harms	Keeping Safe Basic First Aid	Changing adolescent bodies